ZARQA LIFE CENTER
مركز الحياة الزرقاء



Shaima's Story

From Emptiness to Belonging

A Journey of Hope

Meet Shaima

> *The center filled the emptiness in my life with purpose and friendship.*

After leaving school in seventh grade, Shaima spent years at home feeling bored, isolated, and unsure of her future.

What started with one drawing class at Zarqa Life Center soon became a journey of learning, friendship, healing, and renewed purpose.



AT A GLANCE

Name
Shaima Qasim

Origin
Jordan

Joined ZLC
2024

Empowerment
Drawing, Crochet, Computer Skills, English, Trauma Healing, Accessories

Today
Learning, creating, and growing with confidence.

Impact
Education and friendship filled my life with hope and purpose.

WHY THIS STORY MATTERS

Shaima's journey is one example of how investing in women creates lasting change for entire families. Through **Zarqa Life Center**—a community where women find belonging, healing, education, and opportunities to build brighter futures—stories like hers become possible.

Before

Where the story begins

Bored, isolated, and unsure

I'm 21 years old, and for a long time I felt like my life had stopped moving forward.

I left school after the seventh grade, and most of my time was spent at home. I often felt bored and carried a huge emptiness inside me.

I wanted to learn, grow, and do something meaningful, but I didn't know where to begin.

Looking back, I realize I wasn't just looking for something to do—I was looking for hope and purpose.

"I wasn't just looking for something to do—I was looking for hope."



A Door Opens

Everything changed because of one visit

A friend of my mother's told us about Zarqa Life Center, so my mother and I decided to visit together.

When I arrived, I learned about the different courses and immediately signed up for the drawing class.

After finishing that course, I didn't want to stop learning. I enrolled in crochet, computer skills, and English. Learning English was especially exciting because I was able to begin reading and writing words for the first time.

The more time I spent at the center, the more I felt like myself again.

I was able to begin reading and writing words for the first time.




“Learning helped
me feel like
myself again.”

New Beginnings

The center became a place where I was always learning something new.

One experience that had a lasting impact on me was the Trauma Healing course with my teacher, Afaf. It helped me understand how to deal with difficult experiences from my past and begin moving forward with hope.

Later, I joined the accessories course with my teacher, Haifa Tashman. She patiently taught me new skills and encouraged me until I became confident in my work.

I also made new friends who filled my days with laughter, encouragement, and a sense of belonging. Before joining the center, I had so much empty time. Now my days are full of learning, creativity, and purpose.

Now my days are full of learning, creativity, and purpose.

- She found laughter.
- She found encouragement.
- She found belonging.
- She also learned how to move forward with hope through the trauma healing course.



A New Future



Today, some of my happiest moments are the ones I spend at Zarqa Life Center.

The center has given me opportunities to learn, build new skills, make lasting friendships, and believe in myself again.

Every course has helped me grow—not only in what I can do, but in who I am becoming.

I always look forward to coming back because Zarqa Life Center has become a place where I feel encouraged, valued, and excited about the future.

Every time I return, I know I'm growing into a stronger version of myself.

What began as a single visit became:

Friendship.

Purpose.

Confidence.

Hope.



The Story Continues With You

Every donation. Every partnership. Every handcrafted purchase.

Creates opportunities for women like Shaima to learn, earn, and build brighter futures for their families.

GIVE

Support our programs and empower more women.

SHOP HOUSE OF LIFE

Handcrafted with purpose. Made with Hope.

PARTNER WITH US

Together, we can create lasting change.

SCAN TO VISIT OUR WEBSITE

www.zarqalifecenter.org