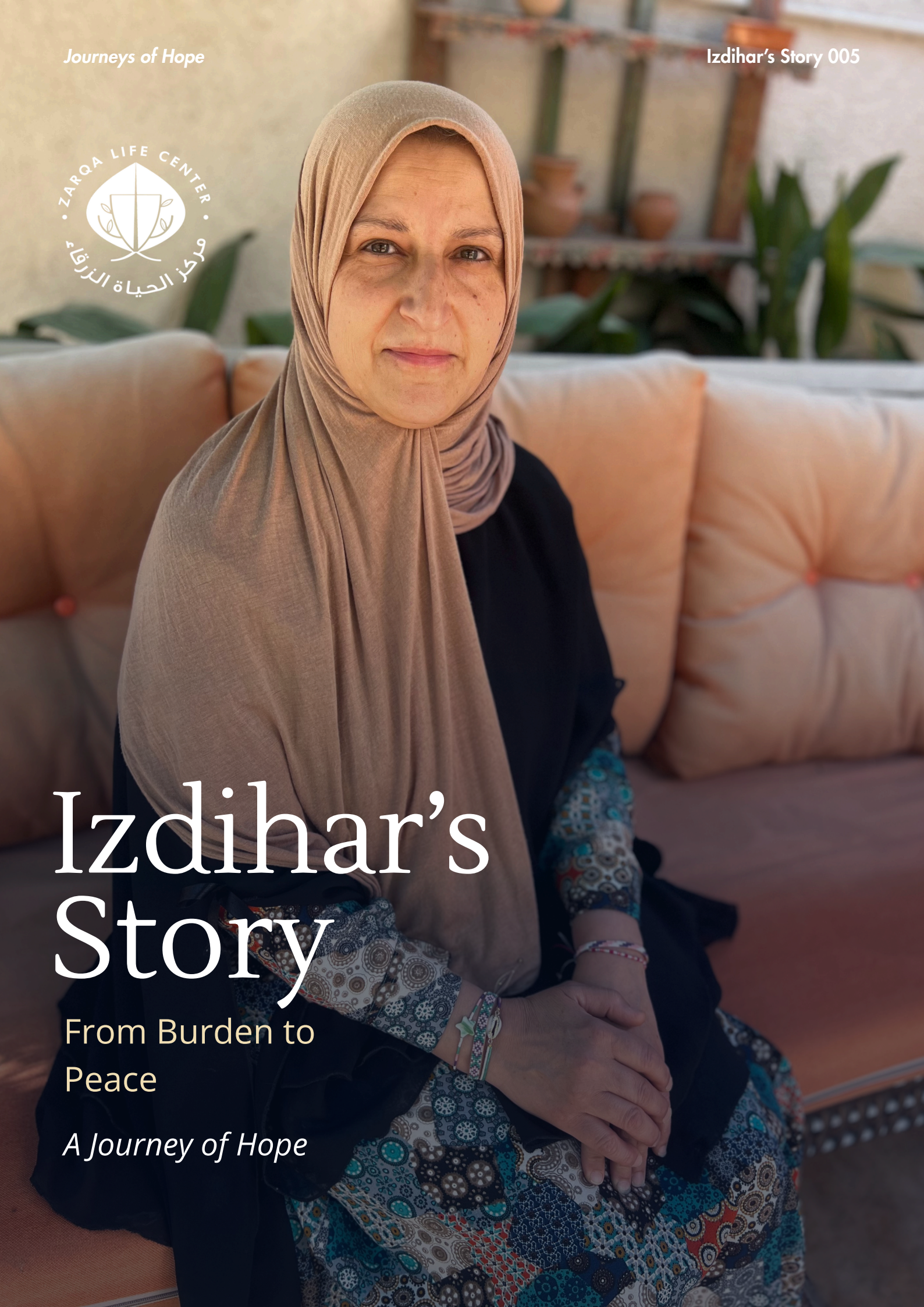


Izdihar's Story

From Burden to Peace

A Journey of Hope

Meet Izdihar

> *"The center became a place where I found peace."*

As a mother caring for a daughter with a rare illness while supporting a sister battling a brain tumor, Izdihar carried an overwhelming emotional burden.

At Zarqa Life Center, she found a place of kindness, creativity, and community—a place where she could begin to breathe again.



AT A GLANCE

Name
Izdihar

Origin
Jordan

Joined ZLC
2022

Empowerment
- Beauty
- Accessories

Today
- Finding strength through creativity and community.

Impact
- Friendship and creativity brought comfort during life's hardest seasons.

WHY THIS STORY MATTERS

Izdihar's journey is one example of how investing in women creates lasting change for entire families. Through **Zarqa Life Center**—a community where women find belonging, healing, education, and opportunities to build brighter futures—stories like hers become possible.

Before

Where the story begins

Challenge, overwhelm, depression

Life became very difficult for me as I faced one challenge after another.
My daughter, Rafeef, was diagnosed with a rare disease called neurofibromatosis. She also developed a tumor affecting her optic nerve, putting her eyesight at risk. Watching my child face an illness with no cure placed an enormous emotional burden on me.

As I was trying to cope with that, my sister Hoda was diagnosed with a brain tumor. She underwent surgery followed by chemotherapy.
The weight of everything happening around me became overwhelming, and I struggled with deep depression.

"Sometimes healing begins by knowing you are not alone."



A Door Opens

Everything changed because of one invitation

A friend invited me to visit Zarqa Life Center, and I decided to go with her.

From my very first visit, I felt welcomed. I appreciated the kindness of everyone at the center and the way they treated me with respect. Even though it was my first time there, I immediately felt comfortable.

I learned about the different courses and decided to register.

Looking back, that visit became the beginning of a new chapter in my life.

From my very first visit, I felt welcomed and respected.




“Sometimes, healing begins simply by finding a place where you are welcomed, valued, and never have to face life’s burdens alone.”

New Beginnings

I first joined the beauty course with my trainer, Afnan, who encouraged me as I learned new skills. Later, I joined the accessories course because I have always loved making things by hand. Under the guidance of my teacher, Haifa Tashman, I learned new techniques, created different designs, and continued developing my skills.

But the center gave me something even greater than creativity.
The time I spent there became some of the happiest moments of my week. I found peace, built meaningful friendships, and discovered a place where I could set aside my worries, even if only for a little while.

Creativity gave me moments of joy in the middle of difficult circumstances.

- She found peace.
- She found friendships.
- She found joy.
- She also participated in the beauty class.



A New Future



Today, Zarqa Life Center remains a place where I find encouragement, friendship, and hope.

Creating beautiful things with my hands reminds me that even in the middle of life's greatest challenges, there is still room for joy, growth, and healing.

The kindness of the people around me, the friendships I have made, and the skills I continue to learn have helped me move forward with renewed strength.

Sometimes, healing begins simply by finding a place where you are welcomed, valued, and never have to face life's burdens alone.

Even in the middle of life's greatest challenges, there is still room for joy, growth, and healing.

What began as a class became:

Friendship.

Purpose.

Confidence.

Hope.



The Story Continues With You

Every donation. Every partnership. Every handcrafted purchase.

Creates opportunities for women like Izdihar to learn, earn, and build brighter futures for their families.

GIVE

Support our programs and empower more women.

SHOP HOUSE OF LIFE

Handcrafted with purpose. Made with Hope.

PARTNER WITH US

Together, we can create lasting change.

SCAN TO VISIT OUR WEBSITE

www.zarqalifecenter.org